




# LUNCH

FOUNDED IN 1977  
**HOLROYD HOWE**  
 FEEDING INDEPENDENT MINDS

13 <sup>th</sup> May	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Morning Break</b>	Fresh fruit and Biscuit	Cheese and Tomato Pizza Slice	Fresh fruit and Biscuit	Sausage roll	Fruity Friday
<b>Main Meal</b>	Hoisin Pork and Broccoli Served with Prawn Crackers	Greek Themed Day  	Beef Lasagne Al forno Topped with a Cheddar Crunch	Hunters Chicken and Bacon Taco Bake Served with Sour Cream	<u>Fish Fridays</u> Breaded MSC Pollock Cheese and Onion Pasty
<b>Meat Free</b>	Thai Green Vegetable Curry Topped with Toasted Seeds		Lentil and Ratatouille Stuffed peppers Topped with Mozzarella	Soya Mince and Mixed Bean Chilli	Chipped Potatoes
<b>Simple Option</b>	Jacket Potato with Cheese & Baked Beans		Jacket Potato with Cheese & Baked Beans	Roasted Tomato Penne Pasta	Mushy Peas
<b>Sides</b>	Sticky Rice		Garlic and Herb Slice	Crunchy Diced Potatoes	Tartar Sauce
	Stir Fry Chinese Cabbage and Bean Sprouts		Steamed Broccoli	Roasted Aubergine	Curry Sauce
	Sweetcorn	Baton Carrots	Green Beans	Lemon Wedges	
	Spring Rolls				
<b>Dessert of the Day</b>	Syrup Sponge served with Custard		Pink Jam Slice	Strawberry Cheesecake	Chocolate Marble Cake
<b>Little Tea</b>	Chocolate Cornflake Cake	Gingernut Slice	Vanilla Cookie Sponge	Apple and Pear Cake	Mini Doughnuts

# SUPPER

13<sup>th</sup> May

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Breakfast</b>		Poached Egg Pork Cumberland Sausage Baked Beans	Fried Egg Smoked Back Bacon Toasted Baguette	Scrambled Egg Pork Cumberland Sausage Hash Brown	Waffles Served with a Selection of Savoury Toppings
<b>Main Course One</b>		BBQ Pork Belly Ribs	 Chicken Shawarma	Breaded Cod Fingers	
<b>Main Course Two</b>		Cauliflower Steak with Salsa Verde		Succulent Quorn Sausages	
<b>On the Side</b>	Hot Dog Evening 	Crispy Fried Potatoes Sauté Tenderstem Broccoli Red Cabbage Slaw	Vegetarian Shredded Quorn Fillets Khobez Bread Garlic Sauce Lebanese Salad Fragrant Couscous Harissa Roasted Chickpeas	French Fries Baked Beans Sweetcorn	
<b>Dessert</b>	Double Chocolate Chip Traybake	Mango and Passionfruit Fool	Dark Chocolate Mousse	Rocket lolly's	

SELECTION OF FRESHLY SALADS, CUT & WHOLE FRUITS