

# LUNCH MENU

6<sup>TH</sup> January

|                         | MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY   | FRIDAY   |
|-------------------------|--|--|--|--|--|
| <b>MORNING SNACK</b>    | Fresh Fruit and Biscuit  | Sausage Roll   | Fresh Fruit and Biscuit                                    | Freshly Baked Croissant  | Garlic Slice   |
| <b>CLASSIC</b>          | <u>Pasta Station</u><br>Tuscan Chicken and Spinach<br>Tomato and Basil Sauce | Honey Glazed Roast Gammon Served with Yorkshire Pudding                  | Beef Chilli Con Carne Served with Sour Cream and Guacamole | Chicken and Sweetcorn Pot Pie                                  | Crispy Breaded Pollock with Tartar Sauce and a Lemon Wedge |
| <b>MEAT FREE</b>        | Mixed Seed Pesto<br>Garlic Slice<br>Selection of Infused Oils                | Sundried Tomato and Goat Cheese Tart Served with a Peppered Rocket Salad | Creamy Meatball Stroganoff<br><br>(Vegetarian)             | Aubergine Parmigiana Topped with a Garlic and Mozzarella Crust | Quorn and Caramelised Onion Sausage Roll                   |
| <b>JACKET/PASTA BAR</b> | Jacket Potato with Cheese and Baked Beans                                    | Tomato Arrabiata Pasta   | Jacket Potato with Cheese and Baked Beans                  | Garlic and Chive Pasta   | Trio of Mushroom and Tarragon Risotto                      |
| <b>SIDES</b>            | Penne Pasta<br>Sauté Broccoli<br>Steamed Corn                                | Crispy Roast Potato<br>Baton Carrots<br>Buttered Cabbage                 | Fragrant Rice<br>Roasted Peppers and Onions<br>Garden Peas | Buttered New Potatoes<br>Green Beans<br>Paprika Cauliflower    | Chipped Potato<br>Mushy Peas<br>Baked Beans                |
| <b>DESSERT</b>          | Strawberry Eton Mess   | Sticky Toffee Pudding Served with Cream                                  | Classic Flapjack   | Vanilla Sponge with a Mixed Berry Compote                      | Chocolate Chip Brownie                                     |
| <b>EVERY DAY</b>        | SELECTION OF FRESHLY CUT FRUITS. BREAD & SOUP OF THE DAY                     |  |  |  |  |
| <b>LITTLE TEA</b>       | Rice Krispy Cake   | Granola Bar  | Chocolate Chip Traybake                                    | Banana Cake  | Mini Doughnut  |



FOUNDED IN 1997  
**HOLROYD HOWE**  
FEEDING INDEPENDENT MINDS

# LUNCH MENU

13<sup>th</sup> January

|                         | MONDAY   | TUESDAY  | WEDNESDAY   | THURSDAY  | FRIDAY  |
|-------------------------|--|--|---|---|---|
| <b>MORNING SNACK</b>    | Fresh Fruit and Biscuit  | Sausage Roll   | Fresh Fruit and Biscuit   | Golden Croissant  | Garlic Slice  |
| <b>CLASSIC</b>          | Hoisin Chicken and Green Peppers Served Prawn Crackers         | Roast Pork Served with Crispy Yorkshire Puddings and Sage Stuffing | Beef Lasagne Al forno Served with a Fresh Garden Salad              | <u>Burrito Bar</u><br>Fajita Spiced Chicken<br>Toasted Quorn and Bell Peppers | <u>Pizza Station</u><br>Double Pepperoni (Beef)                       |
| <b>MEAT FREE</b>        | Sweet Potato and Cheddar Quesadilla served with a Tomato Salsa | Stilton and Root Vegetable Wellington                              | Pearl Barley and Ratatouille Stuffed peppers Topped with Mozzarella | Tomato Salsa<br>Guacamole<br>Sour Cream<br>Warmed Wraps                       | Classic Margarita Topped with Fresh Basil<br>Garlic Mayo<br>BBQ Sauce |
| <b>JACKET/PASTA BAR</b> | Jacket Potato Served with Baked Beans and Cheese               | Spaghetti in a Cherry Tomato and Garlic Sauce                      | Jacket Potato with Cheese and Baked Beans                           | Pesto Pasta   | Creamy Fish and Dill Sauce Topped with a Crunchy Cheddar Mash         |
| <b>SIDES</b>            | Fragrant Rice<br>Seasoned Asian Greens<br>Sweetcorn            | Roasted Potatoes<br>Green Beans<br>Rosemary Baked Swede            | Garlic Slice<br>Steamed Cauliflower<br>Garden Peas                  | Roasted Sweetcorn<br>Broccoli<br>Braised Rice                                 | Chipped Potatoes<br>Roasted Beets<br>Baked Beans                      |
| <b>DESSERT</b>          | Pear and Apple Crumble Served with Custard                     | Strawberry Cheesecake  | Iced Orange Cake  | Sprinkle Sponge   | Chocolate Fudge Cake  |
| <b>EVERY DAY</b>        | SELECTION OF FRESHLY CUT FRUITS. BREAD & SOUP OF THE DAY       |  |   |   |   |
| <b>LITTLE TEA</b>       | Cornflake Cake   | Pink Jam and White Chocolate Sponge                                | Gingernut Cookies   | Lemon Shortbread  | Blackcurrant Slice  |



# LUNCH MENU

20<sup>th</sup> January 25

|                         | MONDAY   | TUESDAY                                  | WEDNESDAY  | THURSDAY                                       | FRIDAY                                 |
|-------------------------|--|--|--|--|--|
| <b>MORNING SNACK</b>    | Fresh Fruit and Biscuit  | Sausage Roll                             | Fresh Fruit and Biscuit                              | Golden Croissant                               | Garlic Slice                           |
| <b>CLASSIC</b>          | <u>Jacket Potato Station</u><br>Cod and Haddock in a Creamy Lemon and Dill Sauce | <u>Sausage Bar</u><br>Pork Cumberland    | Tex-Mex Meatballs Served With In a Rich Tomato Sauce | Chicken, Black Olive and Butterbean Cacciatore | <u>Panini Bar</u><br>Three Cheese      |
|                         | Five Bean Chilli   | Lamb and Mint                            |  |  | Mediterranean Vegetable and Kale Pesto |
| <b>MEAT FREE</b>        | Mature Cheddar and Bacon   | Vegan Quorn                              |  |  | Ham and Cheddar                        |
|                         | Herby Coleslaw   | Crispy Onions                            | Trio of Wild Mushroom Stroganoff                     | Tomato, Aubergine and Mozzarella Stack         | BBQ Chicken                            |
|                         | Baked Beans  | Red Wine Gravy                           |  |  | House Salad                            |
|                         | House Salad  |  |  |  |  |
| <b>JACKET/PASTA BAR</b> | Balsamic Glazed Peppers and Spinach Gnocchi                                      | Penne Pasta in a Tomato Basil Sauce      | Jacket Potato with Cheese & Baked Beans              | Creamy Penne Pasta                             | Breaded Salmon Fishcake                |
| <b>SIDES</b>            | Cheddar Cheese   | Mash Potato                              | Braised Rice   | Crushed New Potatoes                           | French Fries                           |
|                         | Chunky Aubergine   | Maple Glazed Carrots                     | Steamed Corn   | Green Beans                                    | Peas                                   |
|                         | Green Beans  | Garden Peas                              | Broccoli Florets                                     | Cauliflower                                    | Baked Beans                            |
| <b>DESSERT</b>          | Cinnamon Sponge with a Caramel Icing   | Steamed Syrup Sponge Served with Custard | Buttercream and Raspberry Sponge                     | Banoffee Pie                                   | Marble Chocolate Sponge                |
| <b>EVERY DAY</b>        | SELECTION OF FRESHLY CUT FRUITS. BREAD & SOUP OF THE DAY                         |  |  |  |  |
| <b>LITTLE TEA</b>       | Chocolate Oat Cake   | Lemon Drizzle Cake                       | Vanilla Cookies                                      | Coffee and Sunflower Seed Loaf                 | Carrot Cake                            |



FOUNDED IN 1997  
**HOLROYD HOWE**  
FEEDING INDEPENDENT MINDS