				FOUNDED IN 1997 HOLROYD HOWE FEEDING INDEPENDENT MINDS		
11 th November	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
BREAK	Fresh Fruit and Biscuit	Sausage Roll	Fresh Fruit and Biscuit	Golden Croissant	Garlic Slice	
MAIN MEAL	Sun Dried Tomato Pork and Lentil Ragu Served with Penne Pasta	Beef and Root Vegetable Cottage Pie Red Wine Gravy	Garlic and Honey Chicken Topped with a Chive and Spring Onion Salad	Smoked Paprika Turkey and Butter Bean Stew Served with Sour Cream and Guacamole	Panini Bar Three Cheese Mediterranean Vegetable and Kale	
MEAT FREE	Ratatouille and Mozzarella Stuffed Sweet Potato with a Salsa Verde	Soya Mince and Roasted Mushroom Topped with a Flaky Puff Pastry and Creamy Mash	Bubble and Squeak Topped with a Fried Egg	Chickpea Falafel Served with a Coriander & Pomegranate Salad	Pesto Ham and Cheddar Crispy Chicken and Mozzarella	
SIMPLE	Jacket Potato with Cheese and Baked Beans	Classic Macaroni Cheese	Penne Arrabbiata	Jacket Potato with Cheese and Baked Beans	Creamy Salmon and Spinach Penne Rigat	
SIDE	Garlic Slice Steamed Corn Thyme Zucchini	Rosemary Infused Carrots Garden Peas	Fragrant Rice Green Beans Charred Peppers	Braised Rice Citrus Broccoli Roasted Corn	French Fries Peas Baked Beans	
DESSERT	White Chocolate and Berry Sponge	Steamed Syrup Sponge and Custard	Cookie Crumble Cake	Classic Flapjack	Pudsey Cake	
LITTLE TEA	Cornflake Cake	Shortbread	Lemon Drizzle Slice	Cinnamon Cookies	Chocolate Sponge	





5-37 A WALLS							
November 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
BREAKFAST		Pork Cumberland Sausage Baked Beans Hash Brown	American Pancakes with Berries & Fresh Fruit	Soft English Bagel Smokey Grilled Bacon Scrambled Egg	Friday Fry Up		
MAIN COURSE	<u>Pizza Night</u> Ham and Pineapple Pizza	Creamy Thai Green Turkey Curry	Breaded Chicken parmigiana	Steak and Onion Slice Topped with a Herb Crust			
MEAT FREE	Classic Mozzarella Garlic and Herb Dressing	Hoisin Marinated Tofu Skews	Soya Mince and Roasted Tomato Bolognaise	Griddled Vegetable and Feta Tart with a Balsamic Glaze			
ON THE SIDE	French Fries House Salad Roasted Cauliflower	Sticky Coriander Rice Stir Fry Vegetables Crispy Spring Rolls	Seasoned Spaghetti Sauté Broccoli Garlic Slice	Potato Dauphinoise Citrus Cauliflower Green Beans			
DESSERT	Gooey Chocolate Brownie	Ice Cream Topped with Sprinkles and Sauces	Strawberry Triffle	Warm Blackberry Muffin			

SELECTION OF FRESHLY CUT & WHOLE FRUITS