



## Games Curriculum Map Lent Term 2025

	Girls' Games	Boys' Games
<b>Pre-Prep</b>	<b>Netball</b> <ul style="list-style-type: none"> <li>- Throwing and catching</li> <li>- Bounce, Shoulder and Chest Pass</li> <li>- Footwork</li> <li>- Positions</li> <li>- Shooting technique</li> <li>- Spatial awareness</li> <li>-</li> </ul>	<b>Rugby</b> <ul style="list-style-type: none"> <li>- Ball handling</li> <li>- Running into space</li> <li>- Passing technique</li> <li>- Evasion</li> <li>- Basic rucking</li> <li>- Tackling 1v1 / 2 v1</li> <li>- Small matches</li> </ul>
<b>Lower School</b>	<b>Netball</b> <ul style="list-style-type: none"> <li>- Throwing and catching</li> <li>- Bounce, Shoulder and Chest Pass</li> <li>- Footwork</li> <li>- Positions</li> <li>- Shooting</li> <li>- Positional Play</li> <li>- Defence</li> <li>- Conditioned match play</li> <li>- Full match practice</li> </ul>	<b>Rugby</b> <ul style="list-style-type: none"> <li>- Ball handling</li> <li>- Running into space</li> <li>- Passing</li> <li>- Evasion</li> <li>- Tackling 1v1 / overload</li> <li>- Attacking and Defending team tactics</li> <li>- Match play</li> </ul>
<b>Middle School</b>	<b>Netball</b> <ul style="list-style-type: none"> <li>- Throwing and catching</li> <li>- Bounce, Overhead, Shoulder and Chest Pass</li> <li>- Footwork</li> <li>- Shooting</li> <li>- Positional Play</li> <li>- Set Plays</li> <li>- Centre Pass</li> <li>- Defence</li> <li>- Winning the ball</li> <li>- Conditioned match play</li> <li>- Full match practice</li> </ul>	<b>Rugby</b> <ul style="list-style-type: none"> <li>- Ball handling</li> <li>- Running into space</li> <li>- Passing pop</li> <li>- Passing lines</li> <li>- Evasion</li> <li>- Rucking position</li> <li>- Set play from rucks</li> <li>- Scrummaging basics</li> <li>- Tackling 1v1</li> <li>- Tackling team tactics (lines)</li> <li>- Match play</li> </ul>

**Upper  
School**

**Netball**

- Fitness
- Centre passes
- Warm up drills
- Winning the ball
- Timing
- Holding space
- Decision making
- Set moves
- Match play
- - Position specific work

**Rugby**

- Passing lines
- Evasive skill
- Tackling
- Rucking and Mauling
- Breakdown – rucks and mauls
- Contact decisions
- Set play from break down
- Scrummaging
- Tackling 1v1
- Tackling team tactics (lines)
- Specific positional play
- Match play